



**DLSUMC**  
DE LA SALLE UNIVERSITY MEDICAL CENTER

*Nurturing your health*

# EYE CENTER



SCAN TO INQUIRE  
ABOUT OUR SERVICES





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Launched in June 2004, the DLSUMC Eye Center is the first in Cavite that provides care and treatment services for diseases and conditions associated with the eyes.

The Center performs advanced eye examinations using state-of-the-art equipment for the residents of Cavite and nearby provinces. Its trained and highly competent doctors provide sophisticated eye surgeries for patients with varying eye conditions.

Prior to the establishment of the DLSUMC Eye Center, such technology was only offered in hospitals and clinics in Metro Manila.

## Services:

- A-scan biometry
- Corneal topography
- Fluorescein angiography
- Focal laser treatment
- Fundus photography
- Iridoplasty
- Laser indirect ophthalmoscopy
- Optical biometry
- Optical coherence tomography
- Pachymetry
- Panretinal photocoagulation
- Visual field analyzer
- YAG laser capsulotomy
- YAG laser iridotomy

## Take Care of Your Eyes

- Make sure to wear hats and protective glasses when out in the sunlight for prolonged periods. Wear ultraviolet (UV) protective sunglasses with polarized lenses, not just darker lenses.
- Try not to spend so much time looking at computer screens. The glare from computer screen causes muscle fatigue in the eyes, either from being too bright or too dark. Blink at least every 30 seconds to combat dry eyes.
- Relax your eyes, close them, and try taking a nap.
- Do not read using a dim light. If the eyes are tired, stop for a while and take a break.
- Do not look directly at bright light. Never focus the eyes on the sun directly, as it can damage the eyes.

## Consult an ophthalmologist if you have any of the symptoms or risk factors below:

- Pain when you move your eye or touch it through the eyelid
- Partial or complete blindness in one or both eyes
- Double vision, even if temporary
- Sensation of a shade being pulled over your eyes or a curtain being drawn from the side
- Sudden appearance of blind spots, halos around lights, or distorted vision
- Red, painful eye
- Difficulty seeing at night
- Gradual loss of the sharpness of your vision
- Difficulty distinguishing colors
- Eye itchiness and/or discharge
- Vision changes that seem related to medication
- Diabetes or family history of diabetes
- High blood pressure
- AIDS
- Thyroid disease-related eye problems (Graves' disease)
- Changes in vision such as blurring and seeing distorted or wavy lines
- Difficulty in reading

### DE LA SALLE UNIVERSITY MEDICAL CENTER EYE CENTER

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Operating hours: Monday-Friday, 8:00 AM - 4:00 PM

[www.dlshsi.edu.ph/dlsumc](http://www.dlshsi.edu.ph/dlsumc)

