



# DE LA SALLE MEDICAL AND HEALTH SCIENCES INSTITUTE

DLSMHSI is a CHED Autonomous HEI and an  
Associate Member of Asean University Network - Quality Assurance

OFFICE OF THE  
VICE CHANCELLOR  
FOR ACADEMICS

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17 November 2020

To: **All Deans, Directors, Program Directors, Vice Deans, Asst. Director, Academic Chairs**

Through: **Channels**

From: **Juanito O. Cabanias, LPT, PhD**  
*Vice Chancellor for Academics*

Subject: **Wellness Break**

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Greetings in St. La Salle!

Please be informed of the Wellness Break to be observed across colleges and departments beginning 17 November 2020, Tuesday, 3:00p.m until November 21, 2020, Saturday. During the said break, the following have to be strictly implemented:

1. No synchronous and asynchronous sessions;
2. No learning assessments to be required of the students;
3. No learning outputs to be scheduled; and
4. Faculty members are given the opportunity to fully detach from any school-related functions and activities including meetings and student consultations.

For widest dissemination.

Thank you very much.

